



Heal Yourself with BodyTalk Access!



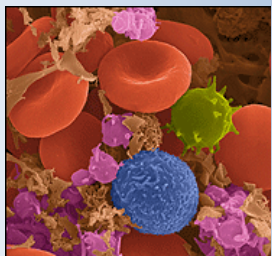
BodyTalk Access is an energy-based health routine that can be used by any layperson or health care professional to bring about significant improvements in health, using five simple techniques. The program can be learned in one day and can be done in less than 10 minutes. The techniques involve light touch and tapping, and are non-invasive, safe, fast, and effective.



These techniques can be done quickly by anyone, anywhere, and are particularly useful when applied in schools, clinics, offices and at home. They boost mental clarity and focus, enhance immune response, and can be extremely effective in first aid situations. You will walk away from this course with valuable tools which you can use in everyday life situations to reduce the effects of stress, restore balance and improve well-being.

Free Introductory Talk: Friday, September 12 at 7:00pm
BodyTalk Access Class: Saturday, September 13 from 9am - 5pm

Best Western Boulder Inn: 770 28th Street, Boulder
Cost: \$125.00 – with \$25 discount for pre-payment 2 weeks prior
Register online at: www.BodyTalkColorado.com



Wendy Nelson, MA, CMT, CBP teaches BodyTalk Access and Qigong to empower people to heal themselves. She is a Certified Access Trainer, advanced BodyTalk Practitioner, Asian bodywork therapist, Somatic psychotherapist and hypnotherapist. For more info, please visit www.BodyTalkColorado.com. You can contact Wendy directly at 303-447-0798 or wendy@bodytalkcolorado.com.

Course Feedback:

"Wendy is has a lot of expertise in the field of energy medicine, is an excellent teacher, and makes the techniques so easy to learn." – Access student



"For over a year, I have been doing the Access techniques on my children when they are starting to get a sniffle or sore throat. At the end of the last school year, I realized that neither of them had missed a single day of school. That has never happened before in our family!" – Mother of two elementary age children

"I am so excited - this is the first time like I feel like I have some hope since my stroke two years ago. I haven't had a single headache since my last headache disappeared during the Access class. That is huge for me because I was using between 4-6 Excedrin for migraine headaches every day. My usual routine was to wake up with a headache and immediately pop 2 Excedrin. Now I wake up and immediately tap. I also tap during the day if I start to feel a little off. It's just incredible. I had started looking for a doctor to put me on migraine medicine. Now I don't need the medicine! Also, my vision in my good eye is so much improved. Since the stroke, my vision has been muddled – as if there was a drop of oil on my eye. Now it's like looking through a clear window – I have so much more clarity! I feel like my life is so much more on track – Thank-you! Thank-you!" - Maggie