



# Learn the BodyTalk System!

4 Day Practitioner Trainings in Boulder

February 4 - 7, 2010

March 12 - 15, 2010

Discover how you can profoundly enhance your health and the health of those around you by learning the **BodyTalk System™**. Modules 1 and 2 teach the theoretical foundations of the BodyTalk System as well as the techniques and understanding to start using this amazing system of energy healing immediately! These comprehensive courses cover everything needed to become a certified practitioner.

Cost: \$1100 \* see website for \$100 prepayment discount

**To Register: [www.BodyTalkColorado.com](http://www.BodyTalkColorado.com) or call 303-447-0798**

### Module 1 Topics include:

- How to ask the body questions to locate imbalances
- How to get answers using neuromuscular biofeedback
- Harmonizing brain function & improving water utilization
- Enhancing immune response for microbes and allergies
- Balancing organs, endocrine glands & body parts
- Clearing emotions, phobias and limiting beliefs

### Module 2 Topics include:

- Specific brain & nervous system balancing
- Synchronize and balance posture & overall energy
- Clearing adverse effects of environmental factors
- Balancing chakras and meridians
- Improving blood and lymphatic circulation
- Cellular Repair



## One Day Health Empowerment Class: BodyTalk Access

BodyTalk Access is an energy-based health routine that can bring about significant improvements in health, using five simple techniques learned in a one day course. These techniques can be done quickly by anyone, anywhere. They improve brain function, boost mental clarity and focus, balance stress levels, enhance immune response, and get all the body's parts "talking" to each other once again. You will come away from this course with valuable tools which you can use in everyday life to reduce the effects of stress, support the body's natural healing processes, and restore well-being.

Cost: \$125. \* See website for prepayment discount.

### Schedule of Upcoming Classes:

Two evenings

January 26 & 27

5:30pm – 9pm

Boulder

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**Wendy Nelson, MA, CMT, CBI** has been a student and teacher of Wisdom traditions for over 30 years. She is a Certified BodyTalk Instructor, Asian Bodywork Practitioner, Certified Qigong Instructor, Certified Massage Therapist, and Somatic Psychotherapist. She teaches BodyTalk and Qigong to empower people to heal themselves. After studying and practicing many different forms of Energy Medicine, she finds the BodyTalk System to be the most effective in obtaining fast and lasting results. It is also easy to learn and apply in a variety of healthcare settings. You can contact Wendy directly at (303) 447-0798 or [office@bodytalkcolorado.com](mailto:office@bodytalkcolorado.com)

