



BodyTalk Fundamentals

April 13 - 16, 2012

Boulder, CO

Holistic Healing Guided by the Body's Natural Wisdom
When the Body Talks to itself, it can Heal itself!

The BodyTalk System™ is a **simple and effective** form of energy medicine that balances and synchronizes all the systems of the body, including the brain and nervous system, organs, endocrine glands, acupuncture meridians and chakras. Using only light touch and **gentle tapping** techniques, BodyTalk helps restore balance and harmony within the bodymind, allowing the body to heal itself.

Professionals including **acupuncturists, chiropractors, nutritionists, massage therapists, nurses & MDs** use BodyTalk because of the **great results!** Laypersons use BodyTalk to help family and friends or to embark on an exciting career.

Ask the Body: no more guesswork!

Learn to consult the innate wisdom of the body-mind using subtle neuromuscular biofeedback. The body's natural wisdom will guide you to reconnect any disrupted energetic circuits in the right sequence.



BodyTalk Fundamentals Techniques:

- Cortical balancing for neurological issues
- Switching (basic dyslexia treatment)
- Balancing Hydration and Water Metabolism
- Balancing organs, endocrine glands & body parts
- Addressing viruses, bacteria, parasites, toxins
- Balancing allergies and intolerances
- Clearing past and present emotional blockages, Including specific events, phobias and belief systems
- Specific brain & nervous system balancing
- Musculo-Skeletal balancing
- Clearing effects of environmental factors
- Balancing chakras and meridians
- Improving blood and lymphatic circulation
- Cellular repair



Wendy Nelson, MA, RMT, CBI has been a student and teacher of Wisdom traditions for 30 years. She is a Massage and Asian Bodywork Therapist, Somatic Psychotherapist, Certified Nutrition Therapist, Qigong Instructor, and Certified BodyTalk Instructor.

Wendy has passion for her work, compassion for her clients, a gentle, healing touch and a deep respect for the uniqueness and pacing of each individual's life journey.

"Wendy is has a lot of expertise in the field of energy medicine, is an excellent teacher, and makes the techniques so easy to learn." – Ann, BodyTalk student

Contact: Wendy Nelson 303-447-0798
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Cost: \$1200 (\$150 early bird discount, see website for details)

CEUs: 34 NCBTMB CE's and 32 NCCAOM PDA points available!

Register Online: www.BodyTalkColorado.com

